

Shamanic Journey Retreat

4 Day Residential Retreat, North of Ireland, Thursday 3rd - Sunday 6th November



With Peter Kelly and Roisín Fallon

Two experienced guides with immense wisdom and experience in navigating the shamanic field, bringing a vast and intimate understanding of symbolism, the energetic field and in guiding deep within the realms of layered consciousness. Their experience and abilities will guide you deep within the realms and worlds in an alignment of self, in harmony with nature and her spirits.

Shamanic Journey is one of the most powerful techniques the Shaman has to their disposal. A means of traversing the worlds of spirit, in conjunction with Nature, navigating deep within, beyond the veils of shaded truth.



This retreat will open an ancient path, opening a way forever accessible to you that you can utilise in infinite means towards clarity; that of yourself, your world and in all that is around you.

We will open new worlds, worlds that are individually your own and ones that will expand through your navigation of them and your willingness to seek out and grow in this journey of life. We will discover those spirits, guides and forces that walk alongside us, eager to be embraced by our self-empowerment through them.

We will get to know our spirit guides and animals and learn how to both embrace and work with them.

We will learn how to open and hold space, to bring purity and direction in the ways we work and in ensuring the truth in the guidance of the realms we will navigate and frequent.

Delving into the Medicine Wheel, we will learn to journey the cardinal directions, bringing crystal clarity to our questions and path. We will learn to embrace and align with Nature, understand her directions and through a deep correlation through the symbology, we will become at one in the energies of her way and sit in harmony with her.



Learn to explore the lower and upper worlds and bring forth the tools and gifts available for us to apply as we embrace and propel in the journey home to our higher self. We will learn ways to navigate the shadow and face the parts of ourselves lost and hidden through fear and to embrace in our true power, the gifts we have hidden behind our lack of self-belief

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Schedule, Price and Booking

Thursday	Friday	Saturday	Sunday
8.30am: Arrival	8am: Breakfast	8am: Breakfast	8am: Breakfast
9.30am: Open ceremony. Introduction to journeying Journey to the lower world Journey to the upper world Integration	9am: Open ceremony Introduction to the medicine wheel Gather our medicine wheel in nature Integration	9am: Open ceremony Introduction to our shadow world Journey the medicine wheel to our shadow	9am: Open ceremony Journey the wheel of coyotes Integration
2pm: Lunch	1pm: Lunch	1pm: Lunch	13.30pm: Close ceremony
4pm: Journey for our power animal Integration	3pm: Journey the medicine wheel Integration	3pm: Integration	14pm: Lunch and home
7pm: Close ceremony	7.30pm: Close ceremony	7.30pm: Close ceremony	
7.30pm: Dinner	8pm: Dinner	8pm: Dinner	

Total Price: €600

Includes gourmet food & shared accommodation

For more information or to book, please contact Peter Kelly via WhatsApp: 085 122 8843

A deposit of €200 via Revolut or PayPal to the number above or the email below

p.kelly@subconsciouslyconscious.com is required to secure your place

