

Family Constellations Facilitator Training 2025/2026

With Róisín Fallon & guest facilitators including Poppy Altmann

The goal of this unique facilitator training is to give you a solid foundation in systemic philosophy and principles, and their application in individual and group sessions. The training balances understanding, experience, observation, practice, collaboration, compassion and individual development to support mastery and confidence when working in service to clients.

Who is it for?

This Family Constellations training is primarily a deep inner journey which can be taken for personal development.

Trainings are also designed for people who wish to explore a **career as Family Constellators**. They are also **excellent for professionals** who are working with people (coaches, therapists, healthcare providers, teachers, counsellors, etc.) so they can incorporate Family Constellations into their current practice.

- Small, intimate group everyone will have lots of opportunities to do personal work and facilitate one another.
- Throughout the training you will receive additional support including two private tutorials with Róisín & group zoom calls between each module. We will also be setting up smaller groups to meet between modules for practice, self-directed learning and support.
- Guest trainers will take part in some of the modules, this will greatly enhance your learning and show you some different ways in which constellation work can be applied.

Please note, that once the programme begins, you commit to paying the full course amount.

Venues;

Residential and non-residential - Slí na Bande, Newtownmountkennedy, Co. Wicklow

Residential - Mucklagh lodge, Aghavannagh, Co. Wicklow, Y14RY62

Slí an Chroí, Kiltegan, Co Wicklow, W91Y022

Ballyvaloo retreat centre, Blackwater, Co. Wexford

Full programme starts August 2025 to June 2026

Module 1 – August 7th – 10th four day Fully residential – Slí na Bande

This module is 4 days, fully residential in Slí na Bande, starting Thursday morning at 9.30am, finishing Sunday at 5.30pm, and can be booked separately as an intensive introduction to constellations

- Understanding the roots of Family Constellations
- The knowing field & field phenomena
- The orders of love
- Systemic consciousness
- Belonging

Module 2 – September 4 – 7 – Fully residential – Mucklagh Lodge, Co Wicklow **working Thursday evening 7 to 9.30, Friday, Saturday & Sunday**

- Nature Constellations
- Land constellations
- Pet constellations
- Sweat lodge

Module 3 – October 17 – 19 Online

- Healing sentences
- The orders of give and take
- Language of the soul

Module 4 – November 20 – 23 – Fully residential – Mucklagh Lodge Co Wicklow **working Thursday evening 7 to 9.30, Friday, Saturday & Sunday** **Guest facilitator Poppy Altmann will be joining us for 3 days**

- The interrupted reaching out movement
- Victim / perpetrator
- Working with trauma
- Grief

Module 5 – December 12 to 14 - Slí na bande working Friday, Saturday and Sunday 9am to 6pm

- Rituals
- Reactivity and perception

Module 6 – January 15 to 18 – online

- Organisational constellations
- Shadow of the facilitator

Module 7 – February 19 to 22 Fully residential – Ballyvaloo retreat & conference centre, Wexford - working Thursday evening 7 to 9.30, Friday, Saturday & Sunday

- Coming into relationship with your client
- Speaking about constellations
- The interview

Module 8 – March 27 to 29 - Slí na bande working Friday, Saturday and Sunday 9am to 6pm

- Becoming a facilitator
- Individual constellations
- Organisational constellations

Module 9 – April 10 to 12 - online

- Online facilitation practice

Module 10 – May 8 to 10 - Slí na bande working Friday, Saturday and Sunday 9am to 6pm

- Facilitation practice with outside clients

Module 11 – May 15 to 17 – Slí na bande working Friday, Saturday and Sunday 9am to 6pm

- Facilitation practice with outside clients

Module 12 – June 5 to 7 - Slí na bande working Friday, Saturday and Sunday 9am to 6pm

- Running a workshop and the business of being a facilitator
- Completion & next steps
- Certification ceremony

The training cost includes two options:

1. Non-Residential Option:

€4800 for the full 12-module training, without accommodation in Sli na bande

2. Residential Option:

Add €1500 for accommodation at Sli na Bande, provided on Friday and Saturday nights during non-residential modules (5 altogether). This package includes seven organic vegetarian meals, from Friday lunch to Sunday lunch, all prepared in-house by Marlene.

Payment options - *payments can be paid in a lump sum offering a €200 discount, fully paid before the first module*

Or

Pay a deposit of €500 then spread your payments across 10 months €430 /€580 per month. All accounts must be paid in full by Module 11.

- **Both options include**
- **12 modules of intensive training in Family Constellations Facilitation;**
- **Four fully residential modules, three online modules and five modules with a non-residential/residential option.**
- **Fully residential modules include all meals and accommodation**
- **On the non-residential modules delicious organic vegetarian lunch is included in Sli na bande**
- **Set of 'Stephan Hausner' training films (5 films)**
- **Supporting pdf handouts for each module**
- **Group zoom calls between each module**
- **Two private tutorials with Róisín during the course of the training with personal assessment**
- **Membership of a support WhatsApp group throughout the training**
- **Certification upon completion**

Contact; Róisín roisin@constellations.ie

Website; www.araisabhaile.ie

